

Proclamation

Whereas, behavioral health is an essential party of one's overall health and wellness; and

Whereas, prevention of mental and substance use disorders works, treatment is effective, and recovery is possible; and

Whereas, recovery is a process and that people recover in our local area and around the nation; and

Whereas, preventing and overcoming mental and substance use disorders is essential to achieving healthy lifestyles, both physically and emotionally; and

Whereas, an estimated 400,000 people in King County are affected by these conditions; and

Whereas, we must encourage relatives and friends of people with mental and/or substance use disorders to implement preventative measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

Whereas, we recognize four dimensions of recovery from mental health and substance use disorders; health, home, purpose, and community; and

Whereas, to help more people achieve and sustain recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), King County, and the City of Snoqualmie; and

NOW, THEREFORE, I Matthew R. Larson, Mayor of the City of Snoqualmie, do hereby proclaim the month of September 2021 as

NATIONAL RECOVERY MONTH

in Snoqualmie, Washington and call upon the people of Snoqualmie to observe this month with appropriate programs, activities, and ceremonies to support this year's *Recovery Month*.

In Witness Whereof, I have hereunto set my hand this 13th day of September 2021.



A handwritten signature in blue ink, appearing to read "Matthew", written over a horizontal line.



